Fall 2021 Comprehensive Program and Area Review (PAR):

Student Services Areas

Dear Chabot Community,

Welcome to Fall 2021! This is the electronic template for the **Student Services Fall 2021 Comprehensive PAR.** We encourage you to work together with your program or service area to complete these questions collaboratively. One way to facilitate real-time collaboration is to upload these questions into a google doc. Please submit this completed template with attachments to your Dean/Director/Manager by **10/11/21**. Your Dean/Director/Manager will provide you with feedback and then you will enter the information on this template (and attachments) into Qualtrics by **10/25/21**. Importantly, your PAR is NOT complete until you submit your responses on Qualtrics.

Please reach out to the PAR shared governance committee if you have any questions about filling out your Fall 2021 PAR! Co-Chairs: Deonne Kunkel Wu <u>dkunkelwu@chabotcollege.edu</u> and Cynthia Gordon da Cruz <u>cgordondacruz@chabotcollege.edu</u>.

Background Information:

• What organizational unit does your program/area belong to?

Academic Services Administrative Services X Student Services Office of the President

• Name of your Program, Discipline, Area or Service:

CARES Mental Health Program

• Name(s) of the person or people who contributed to this review:

Sadie Ashraf, Sang Leng Trieu, Juztino Panella, David Irving,

- What division does your Program/Area reside in?
 - ____ Academic Pathways and Student Success
 - ____ Applied Technology and Business
 - Arts, Media, and Communication
 - ____ Counseling
 - ____ Health, Kinesiology and Athletics
 - Language Arts
 - Science and Mathematics
 - Social Sciences
 - ____ Special Programs
 - <u>x</u> Student Services

Status of Program Goals from Prior Comprehensive PAR Cycle

- Please refer to the goals/new initiatives you established in the last comprehensive PAR cycle. The last comprehensive PAR was written in Fall 2017 to plan for 2018-19; 19-20; and 20-21. If you need a reminder of your goals, you can access them in the <u>PAR App Program Review Reports</u>. Click on:
 - <u>PAR App Program Review Reports</u>.
 - Then "Select Academic Year" on the top (choose 2018-19)
 - Then "Submissions" (in the left hand toolbar)
 - Then find your area and click "View" in the right most column
 - For Academic Areas, find question 8: "Reflecting on your answers to questions 1-7, what are your top goals (no more than 5) for the next three years?"
 - For **Service Areas**, find question 8: "Reflecting on your answer to questions 1-7, what new initiatives (no more than 5) do you propose for the next three years?"
 - For Administrative Areas, find question 9: "Reflecting on your answers to questions 1-8, what are your top goals (no more than 5) for the next three years?"

You should be able to see what you submitted as goals in the last comprehensive PAR. Please note that the "goals" you established are distinct from the outcomes for your service area (SAOs) or program area (PLOs). In general, SAOs and PLOs tend to be enduring and overarching aims for your service/program, whereas the goals for a comprehensive PAR year are more specific, are expected to be completed over the PAR cycle, and are often part of a concrete action plan to reach your overarching and enduring SAOs and PLOs. For example, one of the Learning Connection's SAOs is: "Students from diverse backgrounds and with diverse learning needs will receive tutoring that improves their abilities to complete assignments, study, and/or succeed in their courses." This is an enduring aim that is unlikely to change from PAR cycle to PAR cycle. A PAR goal for the Learning Connection might be to refine the student diversity and antiracist tutoring practices training for incoming tutors. This goal is specific, expected to be completed over the PAR cycle, and supports their SAO (if incoming tutors are trained in antiracist tutoring practices, they will be well-equipped to support students with diverse learning needs).

Goal from Previous Cycle	Status of Goal	Outputs or measures (e.g students served, program change made, etc.) Please explain.
1. Request to hire one full-time (1.0 FTE) Licensed (ex California LMFT, LCSW, LPCC) Counselor/Coordinator and Intern Supervisor designated for Mental Health services to provide the necessary crisis intervention, individual and group mental health counseling services for students as well as provide supervision and program coordination.	 <u>x</u> Achieved <u>In Progress</u> <u>Not achieved but still relevant</u> <u>Not achieved and no longer relevant</u> 	The hiring of a full time faculty Mental Health Counselor/ Coordinator with a LMFT license in Spring 2019. This has resulted in the establishment of a formal program name and structure – CARES Mental Health Program, and a new mental health grant from the Chancellor's Office to expand the scope of work to advance student mental health on campus.
2. Requesting two additional Mental Health Counseling offices in the Health Center.	 <u>x</u> Achieved In Progress Not achieved but still relevant Not achieved and no longer relevant 	We were able to secure one office outside of the mental health center to provide mental health counseling and support groups (room 706). Furniture has been ordered and set up right before the pandemic's shelter-in-place. We are still

		looking to obtain a room in or adjacent to the health center in support of our triage services. In addition, we borrowed space from the student senate in room 2345. We created a proposal in Spring 2018 as part of the facilities master plan. The Wellness Center will combine Health Center, Wellness Center and Basic Needs Center. We advocated for clinical offices in the Wellness Center. Recently we have been approved for 753G for one office space dedicated to mental health counseling office.
3.	Achieved In Progress Not achieved but still relevant Not achieved and no longer relevant	
4.	Achieved In Progress Not achieved but still relevant Not achieved and no longer relevant	
5.	Achieved In Progress Not achieved but still relevant Not achieved and no longer relevant	

Service Area Outcomes

All service areas are required to have two or more service area outcomes (SAOs). These SAOs should be publicly posted on your service's website. In general, SAOs (as with PLOs) tend to be enduring and overarching aims for your service area/program. (As noted above, SAOs are distinct from the goals created for a comprehensive PAR year which are more specific, are expected to be completed over the PAR cycle, and are often part of a concrete action plan to reach your overarching and enduring SAOs and PLOs.)

There is more than one type of SAO.

- 1. For services areas that *directly* serve students, outcomes are often stated in terms of *student learning outcomes*. For example, a Financial Aid office could have the following SAO: "Students will demonstrate basic knowledge of financial aid principles, rules, and regulations."
- 2. Outcomes can also be defined as statements that describe the desired *quality* (timeliness, accuracy, responsiveness, etc.) of *key functions and services* within the service area unit. For example, the Office of XYZ will accurately respond to student inquiries about ABC within 7-days.
- 3. Outcomes can also be *operational*, defining what the services should *promote* (understanding, knowledge, awareness, appreciation, etc.). For example, the Office of Institutional Research will provide the Chabot community with data for inclusive excellence in support of equity.

Reference: Howerton (2017). Service Area Outcomes Workshop. Woodland Community College.

• What data* does your service area regularly collect and store in Banner or some other campus storage system?

*Examples of data include (but are not limited to): number of students served, number of cases packaged, number of services provided, etc. For example, the Office of Institutional Research collects data on how many research and survey requests we process per year. (Understanding the data that currently exists will help to determine what assessments are possible to complete for your area.)

[1] Mental health encounter data; available by semester and annually (stored in SARS); [2] Client satisfaction survey; conducted each semester; [3] Healthy Minds Study survey; population health data conducted in Spring 2021

Does your service area have two or more SAOs?
 <u>x</u> Yes

No

If not, please explain why.

• Are your service area's SAOs publicly posted on your website?

Yes

<u>x</u> No

If not, please explain why.

<u>SAOs have not been posted on our program website because the outcomes are part of infrastructure</u> development rather than direct program improvement efforts for students.

For service areas that directly serve students, often the SAOs will be connected to Chabot's Institutional Learning Outcomes (ILOs). ILOs are the institution-wide outcomes that Chabot is aiming for all students to reach, regardless of which certificate, degree or education goal they are pursuing. Chabot's ILOs include: critical thinking, communication, civic & global engagement, information & technological literacy, and development of the whole person. <u>Descriptions of the ILOs</u> are listed on the <u>Outcomes and Assessment webpage</u>. For service areas that do not directly serve students, think about how your service might provide resources that other Chabot employees might utilize to support ILO development. For example, Institutional Research provides data on the assessment of all the ILOs, thus *indirectly* supporting the development of all of the ILOs. In the chart below, please: 1) write down at least two SAOs for your area (feel free to write more!); 2) check off which ILOs your SAOs are directly or indirectly connected to, and 3) briefly explain how your SAOs support <u>Chabot's mission</u>, vision or values.

Service Area Outcomes (SAOs)	Which Institutional Learning	Briefly describe how your SAO
	Outcomes are your SAOs	supports the <u>college mission</u> ,
	connected to?	vision or values (1-2 sentences).
	*Note: for service areas that do not	
	directly serve students, it is okay to	

	check off ILOs that your service	
1. Enhance access to mental health counseling services to support students' wellbeing	area indirectly supports. Critical Thinking Communication Civic & Global Engagement Information & Technological Literacy <u>x</u> Development of the Whole Person	The Jed Foundation reported an emergence of a mental health crisis across college campuses over the past few decades with more students arriving to college with histories of mental health challenges and many more unable to cope with distress while in college. Data from Chabot's participation in the American College Health Association's National College Health Assessment from 2016, and more recently, Chabot's participation in the Healthy Minds Study Survey in 2021 validated the volume of students and degree of crisis students are in. Enhancing access to mental health counseling services helps cultivate the health of mind, body, and spirit of students we serve.
2. Provide mental health counseling sessions that supports students in developing their coping skills	Critical Thinking Communication Civic & Global Engagement Information & Technological Literacy <u>x</u> Development of the Whole Person	Mental health and well-being is increasingly being recognized as an important element in the academic achievement of college students. The majority (59%) of Chabot's students are experiencing what has been termed "emerging adulthood," a developmental period of time from ages 18-25, in which young people undergo an exploration and formation of identity, friendships, relationships, and career choices. Research has also shown this period to be a time of heightened stress as young adults become independent, living on their own for the first time, and learning to make major life decisions. We know students will face a wide-range of crises—from academic to relationships to basic needs such as financial insecurity. Positive coping skills are needed for students to manage the stress that are associated with their time in college and beyond. Supporting

		students in developing their coping skills is an important component in the development of the whole person. Increased coping skills can support student persistence, retention and academic success.
3. Collaborate with campus community to promote mental health awareness.	 Critical Thinking X Communication X Civic & Global Engagement Information & Technological Literacy Development of the Whole Person 	Leading collegiate mental health advocacy organizations such as the Steve Fund and the Jed Foundation recommend that colleges and universities encourage collaboration across departments as a strategy to provide comprehensive mental health support, especially for underserved students and students of color. Student mental health issues require the attention and effort of the campus community because protective factors to prevent and mitigate mental illness such as promoting a sense of belonging and social connectedness are efforts based on the model of collective impact. Such collaborations offer the staff and faculty the opportunity to engage in collective action. Mental health awareness needs to be a collective institutional priority, promoting a stigma free culture and a culture of connection that normalizes mental health support.

Service areas are required to assess at least two SAOs per comprehensive PAR cycle. Many service areas listed their service area outcomes in the PAR planning for 2019-20 (Question 1) and many reported back on assessment of their SAOs in the PAR planning for 2020-21 (Question 3). You can access your previous responses in the <u>PAR</u> <u>App Program Review Reports</u>.

Click on:

- PAR App Program Review Reports.
- Then "Select Academic Year" on the top (choose 2019-20 to see what you previously reported as your SAOs or choose 2020-21 to see what you previously reported with regard to assessment)
- Then "Submissions" (in the left hand toolbar)
- Then find your area and click "View" in the right most column
- Go to Question 1 in the 2019-20 report, "Please complete Service Area Outcome forms for your area" and/or Question 3 in the 2020-21 report, "Did you assess any Service Area Outcomes in 18-19? If so, please complete the Service Area Outcome Forms for your area."

 Were at least two of your SAOs assessed since the previous comprehensive PAR?
 <u>x</u> Yes No

If not, then please explain why.

• Please share the results of the most recent SAO *assessments** you have completed since the previous comprehensive PAR in the chart below (e.g., any assessment results from 2017-18, 2018-19, 2019-20, or 2020-21). (Remember that at least two SAOs must be assessed per PAR cycle.)

*By assessment, we mean <u>utilizing data</u> (e.g., # of students served, documented impacts on students, survey responses or other feedback from community members, etc.) that help you understand how effectively you are accomplishing the overall SAO/service mission of your area and/or what modifications to your work would further support reaching your SAOs.

Example: Here is the <u>survey analysis</u> that the Office of Institutional Research did for assessment of SAOs. OIR designed survey questions for users of the service to provide feedback on SAOs. (i.e. measure how effectively we are meeting our SAOs and gathering feedback to improve). For example, one of OIR's SAOs is to "Provide the Chabot community with data for inclusive excellence in support of equity." Therefore, the annual OIR user survey asks Chabot community members who use OIR's services if the data they received assisted them in making decisions that move students toward equity.

Service Area Outcome	Method of Assessment (e.g. survey, data collected by IR, data collected by the area)	Date (academic year) of Assessment	Assessment Results or Lessons Learned
1.Increase staffing	Survey Data Collected by IR Data Collected by your area Other	Hiring of full time mental health counselor/coordi nator in 2019 and hiring of two part time mental health counselors in 2020 and 2021	We hired more staff including full time mental health counselor/coordinator
2. Get baseline data (not listed as SAO in previous program review but this was initiated in 2019)	Survey _ <u>x</u> Data Collected by IR Data Collected by your area Other	Added mental health questions to student satisfaction survey 2019: There is an emotionally supportive climate at	54% of students agree or strongly agree with statement: There is an emotionally supportive climate at Chabot for students with mental health needs ; 50% of

		Chabot for students with mental health needs and included mental health as part of selection for How much do these issues slow your progress to reach your educational goal? Also added mental health (teased out from health center) to list of have you heard of or used these services and how satisfied;	students say mental health impacts progress toward educational goals. 20% used services; 83% were satisfied or very satisfied; 27% never heard of service, 53% heard of service but never used it; and of those that used the service 17% were not satisfied, 59% were satisfied and 24% were very satisfied; we also were interested in the ILO of development of the whole person: Balancing the health of my mind, body, and spirit and noted 66% of students felt they made progress in this area.
3.SARS appointment tracking (not listed in last program review as SAO but this was initiated)	Survey Data Collected by IR Data Collected by your area Other	2020-2021; annual	Tracked our no show and cancellations, number of appointments. We are able to utilize information for staffing, coverage and scheduling needs
4.Client Satisfaction SurveyStudent Feedback (not listed in last program review but survey was developed and initiated beginning 2020)	<u>x</u> Survey Data Collected by IR <u>x</u> Data Collected by your area Other	Developed in 2020. Annual, after 6 th session or at discharge/termin ation, students are given survey to assess student feedback	Students provide input on mental health experience (what brought them for mental health counseling, how many sessions attended, how hear about our services, and evaluating

			experience with CARE MH).
5.Healthy Minds Survey (not listed in previous program review but this was initiated and results shared in 2021)	<u>X Survey</u>	2020-2021	Data can be used to estimate economic impact of mental health services and programs and there is a quantifiable need at Chabot. 52.50% of student at Chabot are experiencing mental health symptom(s). 26.40% received services in last year, 73.60% have not. This translates to approx4,683 students with untreated mental health problems at Chabot. 79% that utilized services felt it was effective based on satisfaction rates. This shows increasing evidence based services and prevention programs can reduce risk and increase retention.

- Assessing SAOs has led to improvements in my area.
 - ____ Strongly disagree
 - Somewhat disagree
 - <u>x</u> Neither agree nor disagree
 - <u>Somewhat agree</u>
 - ____ Strongly agree

Institutional Supports, Barriers and Data

Reflect on your experiences, data, and/or previous program reviews and consider what work in your discipline/service area you are most proud of and what problems remain a major challenge. Then respond to the following questions:

- What institutional-level supports or practices were particularly helpful to your program or area in reaching its PAR Goals, SLOs, PLOs, SAOs, and/or the college mission?
 We appreciate the inclusion of several mental health related indicators in the Fall 2019 student satisfaction survey which generated baseline data for our program. Another institutional-level support was the Office of Institutional Advancement's leadership in the development and submission of a district-wide mental health grant application which resulted in a \$500K funding award to expand our program.
- What institutional-level barrier or challenges prevented or hindered your program or area from reaching its PAR Goals, SLOs, PLOs, SAOs, and/or the college mission?
 <u>Similar to most if not all departments emergence of the COVID-19 pandemic which required a</u> transition to delivering all of our services in remote manner.
- What institutional-level supports or practices do employees in your program/area believe are particularly helpful to students in reaching their educational milestones and/or goals? (i.e., from your vantage point, what does Chabot do for students that we should keep doing?)
 The provision of mental health services, including walk-in and telehealth services have contributed to supporting the academic trajectory of students. This also includes providing support groups and workshops on educational topics such as the management of stress. The CARES Act funding has allowed us to be innovative by way of piloting a new student wellness ambassador program this 2021-2022 school year.
- What institutional-level barriers or challenges do employees in your program/area believe are a hindrance to students in reaching their educational milestones and/or goals? (i.e., from your vantage point, what does Chabot do that we should stop doing or change to better support our students?)
 The ability to generate more buy-in from campus-wide initiatives such as suicide prevention events.
- The Office of Institutional Research strives to continually improve representation in our data. Currently, we have a <u>dashboard on course enrollments and success rates</u>, which can be disaggregated by race/ethnicity, gender, and part-time/full-time status. What other student group(s) would you like to be able to disaggregate by in the dashboard? How will this disaggregation promote Chabot's mission? (Please keep in mind we will need to build further disaggregation into the dashboard over time and we will work in the order that is possible to do based on data availability and for which there is the most interest in Chabot campus community.)
 None

Staffing Analysis

In this section you will analyze trends in staffing, technology, and facilities.

Staffing	Current # (Fall 2021)	How has staffing for this group changed in the last 3 years (decrease, flat, increase)
Full-time Faculty	David Irving, 100% FTE	Decreased Stayed roughly the same Increased
Part-time Faculty	 Sadie Ashraf: 38%, part time, over-load Juztino Panella: 50%, part time, in load Veronica Macapagal: 38%, part time Lee Porsha Moore: 38%, part time Karen Navarro: 38%, part time 	Decreased Stayed roughly the same Increased
Full-time Classified Professionals	N/A	Decreased Stayed roughly the same Increased
Part-Time permanent or Hourly Classified Professionals	N/A	Decreased Stayed roughly the same Increased
Student Employees	Six student wellness ambassadors, part time, 10% FTE	Decreased Stayed roughly the same Increased
Independent Contractors/Professional Experts	Sang Leng Trieu, Mental Health Grant Coordinator	Decreased Stayed roughly the same Increased

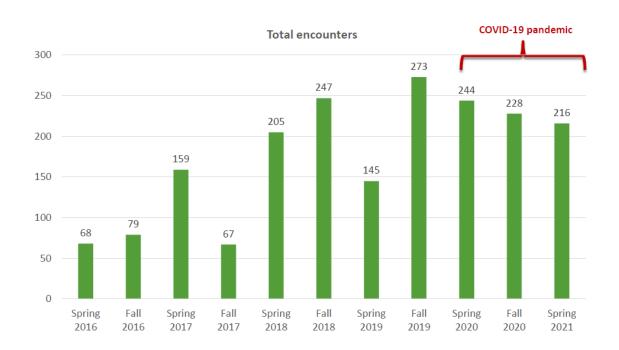
If you have data on the total number of students served in your area or total number of services provided, then compare changes over the past three years in students served/services provided with changes in staffing in this same time period. What do you notice?

Data for the past three years are illustrated in the graph below (which actually shows trend data for the past five years). During the 2018-19 school year, there was a dramatic decrease in the number of students served: fall semester generated a total of 247 encounters while that figure dropped to 145 during the spring semester. A couple of possible explanations for this include: [1] spring semester 2019 was spent recruiting and hiring for a new mental health coordinator which limited the capacity of Sadie Ashraf and Juztino Panella to provide mental health coordinator, much of our collective efforts were spent on building the

infrastructure of the program and engaging in population-based activities beyond individual counseling services.

Fall semester 2019 showed high productivity among our team with 273 encounters reported—the highest figure since we began collection of encounter data. This represented an 88% increase from the previous semester because David Irving, our mental health coordinator, was fully onboarded by the start of the 2019-2020 school year. The subsequent three semesters showed a gradual decline in the number of encounters because this was during Covid-19 pandemic when the college community experienced greater student engagement challenges, and the fact that many students faced technological challenges or access to fully utilizing services offered.

Productivity data: 2016-2021



Compare the representation of DI populations in your program's/area's staffing (faculty, classified professionals, and administrators) to the representation of DI populations in the students you serve. What do you notice? If there is a gap in representation between students and the Chabot professionals who serve them, how has your program/area addressed that gap?

We do not have encounter data parsed out by DI populations to fully respond to this question. The CARES team supported the development of the AANIPISI grant proposal and have collaborated with learning communities such as APIEA, Puente, Umoja, FYE, El Centro, and the 10x10 initiative.

Technology

- The **technology** in our program/area is sufficient to support student learning and/or carry out our program/area outcomes and goals.
 - ____ Strongly disagree
 - ____ Somewhat disagree
 - ____ Neither agree nor disagree
 - <u>x</u> Somewhat agree
 - ____ Strongly agree

If you strongly disagree or somewhat disagree, please explain. (optional)

Facilities

- The **facilities** in our program/area are sufficient to support student learning and/or carry out our program/area outcomes and goals.
 - ____ Strongly disagree
 - <u>x</u> Somewhat disagree
 - ____ Neither agree nor disagree
 - ____ Somewhat agree
 - ____ Strongly agree

If you strongly disagree or somewhat disagree, please explain. (optional)

With the expansion of the CARES mental health team from three staff persons to six persons, we are in desperate need of physical space on campus to serve students. Mental health counseling requires space that is accessible and private.

Professional Development

- In general, Faculty members in my program/area regularly participate in professional development activities offered <u>by/at Chabot.</u>
 - ____ Strongly disagree
 - Somewhat disagree
 - Neither agree nor disagree
 - Somewhat agree
 - x Strongly agree
 - ____ Not applicable (no faculty in service)
- In general, **Classified Professionals** in my program/area regularly participate in professional development activities <u>offered by/at Chabot.</u>
 - Strongly disagree
 - Somewhat disagree
 - <u>x</u> Neither agree nor disagree
 - ____ Somewhat agree
 - ____ Strongly agree
- In general, **Faculty members** in my program/area regularly participate in professional development activities offered <u>outside of Chabot.</u>

- ____ Strongly disagree
- Somewhat disagree
- ____ Neither agree nor disagree
- ____ Somewhat agree
- <u>x</u> Strongly agree
- _____Not applicable (no faculty in service)
- In general, **Classified Professionals** in my program/area regularly participate in professional development activities offered <u>outside of Chabot.</u>
 - ____ Strongly disagree
 - Somewhat disagree
 - x Neither agree nor disagree
 - _____Somewhat agree
 - ____ Strongly agree
- How did these professional development experiences contribute to improving your program/area, equity, and/or student learning and achievement?

<u>Many trainings were focused on issues of equity on mental health which supports professional</u> development growth of our department.

Equity in Access to Services

- What barriers, if any, make it difficult for students (or Chabot community members) to access your service? Are there any barriers that could be disproportionately experienced by people from a particular demographic group (e.g., racial/ethnic, age, disability status, parents, etc.)
 <u>Virtual platforms such as Cranium Café have been challenging for some of our students to access during the pandemic. They were particularly clucky for sensitive services such as mental health counseling.</u>
- Can students access your services: 1) during the day or 2) in the late afternoon/evening/weekend or 3) online? What changes would be needed to ensure access for students in all three scenarios?
 <u>Students can access services during Monday-Saturday including some evening hours, as well as online since the emergence of the pandemic. We also have virtual walk in hours during the day time couple days a week.</u>
- Are there any services your area provides to students or the college for which there is a particularly long wait time? If yes, which services? What creative low-cost ideas do you have for how to decrease wait time for access to your services?

<u>Mental health counseling services have increased in demand such that there is typically a wait-list of</u> <u>approximately 2-3 weeks, depending on the time of the semester. With increased staffing, we have been</u> <u>working to reduce the wait time for a first-time appointment. During peak periods. we offer</u> <u>alternatives such as stress management workshops which can accommodate small groups as opposed to</u> <u>individual appointment slots.</u>

Planning

Program/Area Goals: Please reflect on: 1) all the data you have reviewed, 2) the questions you have answered in this comprehensive PAR template, and 3) the various college planning documents (e.g., shorter term planning documents like the <u>College's Planning Priorities</u> (PRAC will post when complete), <u>President's College Planning</u> <u>Initiatives</u>, and <u>Strategic Plan</u>, all of which lead into the long-range planning document, the <u>Educational Master</u> <u>Plan</u>). Utilize your reflections, along with college planning documents, to develop 1-3 Goals to work on up through the next comprehensive-year PAR cycle. What are the anticipated *outputs** and *outcomes*** of your goals? How do your goals align with the <u>Educational Master Plan (EMP)</u>? Do your goals support the success of any DI Groups? Do your goals support any of the Student Centered Funding Formula (SCFF)*** metrics? *outputs: direct short-term results like # of students served, workshops held, etc. **outcomes: longer-term results like course success rates or degrees earned ***The Student Centered Funding Formula is the way all CA CC districts will be funded once the "hold

harmless" period of funding expires.

Remember: Whereas **SAOs/PLOs** tend to be enduring and overarching aims for your service/program, the **goals** for a comprehensive PAR year are more specific, are expected to be completed over the PAR cycle, and are often part of a concrete action plan to reach your overarching and enduring SAOs/PLOs. For example, one of the Learning Connection's SAOs is to "provide effective academic support to students with diverse learning needs." This is an enduring aim that is unlikely to change from PAR cycle to PAR cycle. A PAR goal for the Learning Connection might be to refine the student diversity and antiracist tutoring practices training for incoming tutors. This goal is specific, expected to be completed over the PAR cycle, and supports their SAO (if incoming tutors are trained in antiracist tutoring practices, they will be well-equipped to support students with diverse learning needs).

Goal	Briefly describe the expected <i>outputs</i> (e.g., direct short-term results like # of students served, workshops held, etc) or <i>outcomes</i> (e.g., longer-term results like course success rates or degrees earned) for your goal.	EMP Alignment	Equity DI Group Alignment	SCFF Metric Alignment
1. Provide regular and timely in-	An important element in the	Equity Access	African American/Black	Enrollment/FTES Transfer level
service trainings	CARES mental	<u>x</u> Pedagogy	American	English, math or ESL
for staff and	health program	and Praxis	Indian/Alaska	achievement
interns	model is to invest	Academic and	Native	Degree or
	in professional	Career Success	Latinx	certificate completion
	development of	Community	Pacific	Transfer
	staff and faculty	and Partnerships	Islander/Hawaiian	CTE Units
	so that they increase their		Disabled Foster Youth	Attainment of a
	levels of self-		LGBT	Living Wage Supplemental
	efficacy to		DI Gender	Metric (Financial aid or
	respond to student		Other	AB 540)
	in distress, and			Other

	equally important, to recognize their role in advancing student mental health as trusted advisors and mentors on campus. Such efforts will support staff and faculty in utilizing an equity minded framework when thinking about the perspectives (and lived experiences) of students they serve.			
Implement and utilize electronic medical records (EMR)	The CARES mental health team is expanding in scope and staffing, which will ultimately result in the ability to serve more students. This positive outcome means a greater need to improve the collection and maintenance of client information that is streamlined and protected. The selection of a new electronic	Equity <u>x</u> Access Pedagogy and Praxis Academic and Career Success Community and Partnerships	African American/Black American Indian/Alaska Native Latinx Pacific Islander/Hawaiian Disabled Foster Youth LGBT DI Gender Other	Enrollment/FTES Transfer level English, math or ESL achievement Degree or certificate completion Transfer CTE Units Attainment of a Living Wage Supplemental Metric (Financial aid or AB 540) Other
3.Development of Protocols, Procedures and Intern Handbook	Streamline internal processes for appointments, walk-in and crisis support to provide consistency of care, including	Equity Access <u>x</u> Pedagogy and Praxis Academic and Career Success Community and Partnerships	African American/Black American Indian/Alaska Native Latinx Pacific Islander/Hawaiian Disabled	Enrollment/FTES Transfer level English, math or ESL achievement Degree or certificate completion Transfer CTE Units

	evaluations of staff (ie. student feedback through surveys; and contractual performance evaluations)		Foster Youth LGBT DI Gender Other	Attainment of a Living Wage Supplemental Metric (Financial aid or AB 540) Other
4.Mental health- campus awareness events and promotion of wellness materials	Increasing campus awareness of mental health wellness, stigma reduction and how to connect with CARES MH services, including stress management workshops, Flex Day presentation, suicide prevention walk, video on how to make an appointment, and other wellness events. Promotion of wellness materials includes CARES syllabi campaign, Red Folder, Student Wellness Guide; maintenance of Health and wellbeing tiles of Student Support Hub, new student app, Chabot Go! Wellness Magazine and CARES MH website.	<u>x</u> Equity <u>x</u> Access <u>Pedagogy and Praxis <u>Academic and</u> Career Success <u>Community</u> and Partnerships</u>	African American/Black American Indian/Alaska Native Latinx Pacific Islander/Hawaiian Disabled Foster Youth LGBT DI Gender Other	Enrollment/FTES Transfer level English, math or ESL achievement Degree or certificate completion Transfer CTE Units Attainment of a Living Wage Supplemental Metric (Financial aid or AB 540) Other
5.Externship and curriculum development, partnering with	Behavioral health certificate was approved effective Fall 2021, we will	Equity Access Pedagogy and Praxis	African American/Black American Indian/Alaska Native	Enrollment/FTES Transfer level English, math or ESL achievement

Alameda County	track number of	Academic and	Latinx	Degree or
Behavioral Health	student pursuing	Career Success	Pacific	certificate completion
	this new 0	x Community	Islander/Hawaiian	Transfer
	certificate. Will	and Partnerships	Disabled	CTE Units
	partner with	1	Foster Youth	Attainment of a
	Alameda County		LGBT	Living Wage
	in strengthening		DI Gender	Supplemental
	field place		Other	Metric (Financial aid or
	placements and			AB 540)
	development of			Other
	externship			
	program creating			
	opportunities for			
	students pursuing			
	human services.			
	Will leverage			
	Earn and Learn			
	database and			
	communications			
	through			
	Strongworkforce			
	partnerships.			
	Behavioral Health			
	will be a new sub-			
	pathway of			
	Society, Culture			
	and Ideas starting			
	Fall 2022 as part			
	of First Year			
	Experience.			

Resource Requests

Contracts and Services Requests: Contracts and Services include things like equipment maintenance contracts, food vendors, external consultants or speakers. Criterion for distributing funding vary by committee (check out the <u>Resource Allocation Rubrics</u> available on PAR's website), but are consistently based on the <u>Educational Master Plan</u>, the <u>College's Planning Priorities</u>, and the <u>President's College Planning Initiatives</u>.

	Rank (1, 2, 3, etc. after all requests have been entered)	Project Name Use the same project name for all requests related to a large project or put 'individual request'	New, Updated, or Repeat Request	Vendor Name	Brief Job Description/Tas ks	Justification BRIEFLY justify how this spending relates to the EMP, College's Annual Planning Priorities and/or President's Planning Initiatives (2-3 sentences).	Length of Contract in Months (1, 2, 10, 12, etc.)	Year(s) Needed	Estimate d Cost Per Year (Total \$)
Item 1	4	Mental health Pranamind consulting	New Updated Repeat	Pranamind Consulting (for mental health)	Pranamind Consulting is a firm that provides supervision support for doctoral-level interns or post- graduate interns pursuing licensure.	Supports the CARES team in delivering longer-term mental health support services, particularly serving DI students such as African Americans.	10 months	<u>Annual</u> <u>x</u> 2022-23 <u>2023-24</u> 2024-25	\$65,000
Item 2	1	Mental Health Grant Consultant	New Updated Repeat	Sang Leng Trieu	Support planning and programmatic efforts of the CARES mental	Our program thrives through coordination of efforts that uses a public health	12 months	Annual <u>x</u> 2022-23 <u>x</u> 2023-24 2024-25	\$36,400

				health program including program design, data collection and evaluation, capacity building and supporting community- based partnership development	approach to enhance clinical efforts. This supports priority #4 in the Educational Master Plan			
Item 3	2	Externship student stipends	<u>x</u> New Updated Repeat	Peer Guides are highly trained Student Assistants working within General Counseling to provide remote and in-person navigation support to students. Peer Guides who are pursuing degrees within the Human Services, are granted the possibility of entering into an Externship with partnering CBOs. The externships will both serve as Professional Development to support the work that they do at Chabot as well as provide them	Provide equitable compensation for students entering engaging Workforce Based Learning through Human Services Externship. Support the implementation of Guided Pathway framework through CBO partnerships by which Chabot students are guaranteed fieldwork and supervision.	4-6 months	<u>X</u> Annual <u>X</u> 2022-23 <u>X</u> 2023-24 <u>X</u> 2024-25	\$15,000

Equipment Requests

Criterion for distributing funding vary by committee (check out the <u>Resource Allocation Rubrics</u> available on PAR's website), but are consistently based on the <u>Educational Master Plan</u>, the <u>College's Planning Priorities</u>, and the <u>President's College Planning Initiatives</u>.

Rank	Project Name	New,	Vendor Name	Brief Item	Justification	Quantity	Year(s)	Estimate
(1, 2, 3,	Use the same	Updated, or		Description	BRIEFLY	(1, 2, 10,	Needed	d Cost
etc. after	project name for	Repeat		_	justify how this	12, etc.)		Per Year
all	all requests	Request			spending relates			(Total \$)
requests	related to a large				to the EMP,			
have	project or put				College's Annual			
been	'individual				Planning			
entered)	request'				Priorities and/or			
					President's			
					Planning			

						Initiatives (2-3			
						sentences).			
	1	Office	x New	Office Depot (or	Furniture is	This supports	Sofas and	Annual	\$20,000
	1	furniture	Updated	whichever vendor	needed for room	priority #4 in the	comfortabl	x 2022-23	total for 4
		Turmeure	Repeat	the college uses to	753G, 753H,	EMP through	e chairs for	2023-24	rooms
				acquire furniture)	753P, 2345	expanding	three	2024-25	rooms
					,	spaces to	counseling		
Item 1						conduct	rooms; side		
						confidential	table and		
						mental health	lamps		
						counseling	P		
						services			
	3	Music therapy	New		CARES Music	The college	2 amplified	Annual	\$6,000
	-	equipment	Updated		Therapy program	advocates for the	speakers.	x 2022-23	(upfront
			X Repeat		(JAC) provides a	sense of	2 monitor	<u>x</u> 2023-24	costs &
			1		space for	development of	speakers.	<u>x</u> 2024-25	maintena
					students to	the entire	2 Cajons		nce)
					collective play	person. In	1 UKEBass		,
					rhythms, write	addition to	1 Bass amp		
					poetry, and	therapy CARES	12		
					create songs.	provides support	XLRcables		
					Students use this	groups, where	12		
					multi-modal	students can	MonoCable		
					approach to	receive	S		
					expressing their	counseling from	Vocal amp		
Item 2					pain and	Mental Health	1 tambora		
					resilience, and to	professionals	1 dgembe		
					develop a sense	and guidance	2 congas		
					of community	and support from	Assortanm		
					and belonging.	their Peers.	ent so		
					Finally, they are		small to		
					provided with a		larger		
					platform to play		percussive		
					rhythms or		instruments		
					perform their				
					songs for other				
					college				
					functions. The				
					program				

	2	Computers and webcams	<u>X New</u>	IT department's vendor	functioning depends on the availability of percussive and musical instruments. These need to be purchased, maintained and repaired on an annual basis. In addition we are in need of PA gear for live performances at the college. New Computers and webcams are needed to support the increase in	This supports priority #4 in the EMP through increasing staffing to	Each MH counselor needs a dedicated surface	<u>X 2022-23</u>	\$10k
Item 3					staffing	provide mental health counseling services to student	pro/laptop (~ 8) and every MH office needs a desktop with webcam (~ 4)		

Facilities Requests

Criterion for distributing funding vary by committee (check out the <u>Resource Allocation Rubrics</u> available on PAR's website), but are consistently based on the <u>Educational Master Plan</u>, the <u>College's Planning Priorities</u>, and the <u>President's College Planning Initiatives</u>.

*Note: If your request is part of a larger project, please name the project and use the same project name for all requests related to the project so that committees can see the total cost of the project. We don't currently have a good system for different shared governance committees to come together and see the total cost of projects across resource requests that go to different committees. Adding this column to Program and Area Review is the start to figuring out a good process for this.

	Rank (1, 2, 3, etc. after all requests have been entered)	Project Name Use the same project name for all requests related to a large project or put 'individual request'	New, Updated, or Repeat Request	Brief Item Description	Justification BRIEFLY justify how this spending relates to the EMP, College's Annual Planning Priorities and/or President's Planning Initiatives (2-3 sentences).	Year(s) Needed	Estimated Cost Per Year (Total \$)
Item 1		Additional mental health counseling rooms	<u>x</u> New Updated Repeat	At least three additional office space or rooms	This supports priority #4 on the EMP through expanding spaces to conduct confidential mental health counseling services.	Annual 2022-23 2023-24 2024-25	N/A
Item 2			New Updated Repeat			Annual 2022-23 2023-24 2024-25	
Item 3			New Updated Repeat			Annual 2022-23 2023-24 2024-25	

Human Resource Requests (e.g., Faculty, Classified, Administrative, Student Workers, etc.)

Criterion for distributing funding vary by committee (check out the <u>Resource Allocation Rubrics</u> available on PAR's website), but are consistently based on the <u>Educational Master Plan</u>, the <u>College's Planning Priorities</u>, and the <u>President's College Planning Initiatives</u>.

	Rank (1, 2, 3, etc. after all requests have been entered)	Project Name Use the same project name for all requests related to a large project or put 'individual request'	New, Updated, or Repeat Request	Classification	Position Title	Avg. hours per week (5, 20, 40, etc.)	Justification BRIEFLY justify how this spending relates to the EMP, College's Annual Planning Priorities and/or President's Planning Initiatives (2-3 sentences).	Year(s) Needed	Estimated Cost Per Year (Total \$)
Position 1	2	Student Wellness Ambassador Program	New Updated <u>_</u> x Repeat	Admin FT Classified FT Classified Hourly Classified PT Faculty FT Faculty PT Faculty F-hour Faculty Reassign X Student Hourly Other	Student Wellness Ambassad ors	20 hours per month (about 4 per week)	The continuation of the Student Wellness Ambassador supports the education and outreach efforts of the campus' mental health program, including promoting help seeking behaviors and reducing stigma associated with mental health. This is outlined as a strategy in priority #4 of the EMP.	<u>x</u> Annual 2022-23 2023-24 2024-25	\$38,145
Position 2	1	Student Wellness Navigator	New Updated X Repeat	Admin FT Classified FT Classified Hourly Classified PT Faculty FT Faculty PT Faculty F-hour Faculty Reassign <u>x</u> Student Hourly Other	CARES MH Navigator	About 5 hours a week	The continuation of the Student wellness navigator supports connecting students to mental health community resources and navigating their insurance to connect with long term mental health services. This is priority #4 of the EMP.	<u>x</u> Annual 2022-23 2023-24 2024-25	\$3k

	3	CARES MH	<u>x</u> New	Admin FT	Counselor	20	Front desk coverage	<u>x</u> Annual	~ 30K
		Program team	Updated	Classified FT	Assistance	hours a	to welcome students	2022-23	
		development	Repeat	<u> </u>	I,	week	to CARES MH	2023-24	
		_		<u>x</u> Classified PT	classified		services, scheduling	2024-25	
				Faculty FT	profession		and information		
Position				Faculty PT	al				
3				Faculty F-hour	responsili				
				Faculty Reassign	bies				
				Student Hourly	including				
				Other	front desk				
					service				

- The Faculty Prioritization Committee requires a completed <u>Faculty Prioritization Form</u> if you are requesting a full-time faculty position. There will be a spot on Qualtrics to upload this completed form. In the meantime, please just submit the completed form to your dean/manager when you turn in this template on 10/11/21.
- The Classified Prioritization Committee requires a completed <u>Classified Professional Prioritization Form</u>. There will be a spot on Qualtrics to upload this completed form. In the meantime, please just submit the completed form to your dean/manager when you turn in this template on 10/11/21.

Professional Development, Travel, and Conferences

Criterion for distributing funding vary by committee (check out the <u>Resource Allocation Rubrics</u> available on PAR's website), but are consistently based on the <u>Educational Master Plan</u>, the <u>College's Planning Priorities</u>, and the <u>President's College Planning Initiatives</u>.

Ranl	x Project	New,	Brief	What Type of PD	Justification	Number of	Year(s)	Estimated
(1, 2	, Name	Updated, or	Description	Request?	BRIEFLY justify	Attendees	Needed	Cost Per
3, etc	. Use the same	Repeat	(1-2	_	how this spending	(1, 5, 10,		Year
after	all project name	Request	sentences)		relates to the EMP,	etc.)		(Total \$)
reque	est for all	-			College's Annual			
s hav	e requests				Planning Priorities			
been	related to a				and/or President's			
enter	ed large project				Planning Initiatives (2-			
)	or put				3 sentences).			
	'individual							
	request'							

Request 1	1	MHWA Conference	New Updated Repeat	This is a conference for mental health professional at Community Colleges across California	<u>x</u> In-person conference with travel Online conference/webinar On-Campus Training On-Campus Speaker Other	Making connections with other community college mental health professionals to find best practices in mental health	6-8	<u>x</u> Annual 2022-23 2023-24 2024-25	\$2k (varies depending on conferenc e location, alternates between northern and southern CA)
Request 2	2	CAMFT	New Updated XRepeat	California Association of Marriage Family Therapists Conference. This is a renowned state level conference.	X In-person conference with travel Online conference/webinar On-Campus Training On-Campus Speaker Other	Increased skill developed to support therapy with our students	6-8	<u>x</u> Annual 2022-23 2023-24 2024-25	\$5k (varies depending on conferenc e location, alternates between northern and southern CA)
Request 3	3	General Professional Developmen t	New Updated <u>x</u> Repeat	PESI-varies. As licensed clinical professional it is required to keep up with continuing education units to maintain professional developmen t toward	In-person conference with travel <u>x</u> Online conference/webinar On-Campus Training On-Campus Speaker Other	Improve mental health skills development to support therapy with our students	6-8	<u>x</u> Annual 2022-23 2023-24 2024-25	\$8k

		licensure renewal			

Supplies Requests

Criterion for distributing funding vary by committee (check out the <u>Resource Allocation Rubrics</u> available on PAR's website), but are consistently based on the <u>Educational Master Plan</u>, the <u>College's Planning Priorities</u>, and the <u>President's College Planning Initiatives</u>.

	Rank (1, 2, 3, etc. after all requests have been entered)	Project Name Use the same project name for all requests related to a large project or put 'individual request'	New, Updated, or Repeat Request	Brief Item Description (1-2 sentences)	Justification BRIEFLY justify how this spending relates to the EMP, College's Annual Planning Priorities and/or President's Planning Initiatives (2-3 sentences).	Quantity (1, 2, 10, 12, etc.)	Year(s) Needed	Estimated Cost Per Year (Total \$)
Item 1	1	Mental health first aid training materials	New Updated Repeat	Training materials that are part of the evidence based curriculum	This supports priority #4 in the EMP through building the capacity of staff, faculty and students to respond to crisis.	100 set of booklets	<u>x</u> Annual 2022-23 2023-24 2024-25	\$1200
Item 2	3	Depression Screening Materials	New Updated Repeat	Forms to screen and score for depression as part of early intervention efforts	This supports priority #4. Providing holistic and integrated support and services to ensure educational and career goals, namely by normalizing mental health and basic needs support.	2 packs containing 50 forms	<u>x</u> Annual 2022-23 2023-24 2024-25	\$100

Item 3	2	Mental Health outreach swag	New Updated Repeat	Various swag to use for outreach activities	This supports priority #4: providing holistic and integrated support and services to ensure students reach their educational and career goals, namely by normalizing mental health and basic needs support. This supports the Student Wellness	x Annual 2022-23 2023-24 2024-25	\$2000
					Ambassadors' outreach efforts.		

Technology Requests

Criterion for distributing funding vary by committee (check out the <u>Resource Allocation Rubrics</u> available on PAR's website), but are consistently based on the <u>Educational Master Plan</u>, the <u>College's Planning Priorities</u>, and the <u>President's College Planning Initiatives</u>.

	Rank	Project Name	New,	Was the	Brief Item	Justification	Quantity	Year(s)	Estimated
	(1, 2, 3,	Use the same	Updated, or	feasibility of	Description	BRIEFLY justify how	(1, 2, 10,	Needed	Cost Per
	etc. after	project name for all	Repeat	the request	(1-2	this spending relates to	12, etc)		Year
	all	requests related to a	Request	discussed with	sentences)	the EMP, College's			(Total \$)
	requests	large project or put	_	IT?		Annual Planning			
	have been	'individual request'				Priorities and/or			
	entered)					President's Planning			
						Initiatives (2-3			
						sentences).			
	1	EMR subscription	<u>x</u> New	yes	TheraNest, a	This supports priority	License		\$1200
			Updated		practice	#4: Providing holistic	is for up	<u>x</u> Annual	yearly
Item			Repeat		management	and integrated support	to 6	2022-23	subscripti
1					software for	and services to ensure	mental	2023-24	on
1					mental	students reach their	health	2024-25	
					health	educational and career	counselor		
					therapists to	goals, namely by	S		

				support documentati on and scheduling of student clients	normalizing mental health and basic needs support. This technology request is part of supporting the infrastructure and growth of the CARES mental health team.		
Item 2		New Updated Repeat	Yes No			Annual 2022-23 2023-24 2024-25	
Item 3		New Updated Repeat	Yes No			Annual 2022-23 2023-24 2024-25	

Categorical Funding Applications:

The Student Access Success and Equity (SASE) committee "develops, leads, and supports campus initiatives that strengthen student access, success, and equity." SASE "provides a platform for collaboration and communication across the college that will result in the coordination of basic skills, student access, success, and equity efforts campus-wide." If you believe that any of your funding requests meet these requirements, then please fill out their application for funding here:

https://docs.google.com/forms/d/e/1FAIpQLSfWja-ZTbdHoPZ82reEOeTi32Ci3e7lyS4snRyXX8h8JrDV5w/viewform

Please contact the SASE committee with any questions: Administrative Tri-Chair Gabe Chaparro@chabotcollege.edu.

Career Education funds are available for projects that: 1) support a program with a CTE TOP code or 2) continue a current project in SWP or 3) are eligible for Perkins Grants, or 4) meet other criteria such as core indicators and labor market demand. If you believe that any of your funding requests meet these requirements, then please fill out the CE application for funding here:

https://docs.google.com/forms/d/e/1FAIpQLSelkdNpRXzCbxnmVGHO7t3gC2K3eZfs_nXrOaLloFxlT1xbqw/viewform?usp=sf_link

- Please submit one form per project/TOP code, keeping in mind that funding for multiple projects per area is limited.
- If you are not sure whether you have a program that qualifies for CE funding, please reach out to Christina Read cread@chabotcollege.edu. •

If you have any other questions about the CE funding process, please contact the Career Education Committee Tri-Chairs: faculty chair Connie Telles ctelles@chabotcollege.edu, admin chair Christina Read cread@chabotcollege.edu, or classified professional chair Kathleen Stanley kstanley@chabotcollege.edu.